

By age six we have developed the greatest number of neurons we will have in our lives. After that the pruning process commences, trimming away unneeded neurons and forming new connections throughout the brain. Neurons can not be regenerated. Brain cells like these located in the hippocampus are crucial to learning and memory. These very neurons and their intricate connections are destroyed or permanently damaged by many substances of abuse including alcohol as well as by certain untreated organic and psychiatric illnesses such as Major Depressive Disorder and Bipolar Disorder. Our mission is to be your partner in health by providing you updated psychopharmacological and psychotherapeutic treatment to ensure a healthy protected brain in order to facilitate a quality of life at its full potential during any stage of development.